

NEW CADETS
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CIVIL AIR PATROL CADET SUPER CHART

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CAP Visual Aid 52-100 September 2012
{52-100A 2' x 3'} {52-100B 11" x 17"}

This chart is **NOT** an accurate resource for the few cadets remaining in the Leadership for the 21st Century text

LEARN TO LEAD EDITION
All leadership requirements shown below apply to cadets using the Learn to Lead text.



GENERAL CARL A. SPAATZ AWARD

PHASE I THE LEARNING PHASE				PHASE II THE LEADERSHIP PHASE						PHASE III THE COMMAND PHASE				PHASE IV THE EXECUTIVE PHASE							
ACHIEVEMENT 1	ACHIEVEMENT 2	ACHIEVEMENT 3	WRIGHT BROTHERS AWARD	ACHIEVEMENT 4	ACHIEVEMENT 5	ACHIEVEMENT 6	ACHIEVEMENT 7	ACHIEVEMENT 8	BILLY MITCHELL AWARD	ACHIEVEMENT 9	ACHIEVEMENT 10	ACHIEVEMENT 11	AMELIA EARHART AWARD	ACHIEVEMENT 12	ACHIEVEMENT 13	ACHIEVEMENT 14	ACHIEVEMENT 15	ACHIEVEMENT 16	IRA C. EAKER AWARD	GENERAL CARL A. SPAATZ AWARD	
JOHN CURRY First National Commander of the Civil Air Patrol and a strong advocate for female aviators	HAP ARNOLD Commanding general of U.S. Army Air Forces during World War II	MARY FEIK Pioneer in the fields of aviation mechanics and engineering, and proud CAP member	ORVILLE & WILBUR WRIGHT First men to achieve powered, controlled, sustained, heavier-than-air flight	EDDIE RICKENBACKER America's "Ace of Aces" during World War I; he wanted CAP cadets to know him as "Eddie"	CHARLES LINDBERGH First man to fly across the Atlantic Ocean solo, non-stop, aboard the "Spirit of St. Louis"	JIMMY DOOLITTLE Pioneer in field of aeronautical engineering and leader of the World War II air raid on Tokyo	ROBERT GODDARD The "Father of Modern Rocketry" and developer of the first liquid-fueled rocket	NEIL ARMSTRONG First man to set foot on the Moon, aboard Apollo 11 on July 20, 1969 - "One giant leap for mankind"	BILLY MITCHELL America's first vocal advocate for military airpower, he proved the airplane could sink ships				AMELIA EARHART Record-setting female pilot who was lost while attempting to fly around the world							IRA EAKER Army Air Forces general and advocate of strategic bombardment during World War II	CARL SPAATZ First Chief of Staff of the United States Air Force and first Chairman of the CAP National Board

GRADE, INSIGNIA, & AWARDS				GRADE, INSIGNIA, & AWARDS						GRADE, INSIGNIA, & AWARDS				GRADE, INSIGNIA, & AWARDS								
CADET AIRMAN	CADET AIRMAN FIRST CLASS	CADET SENIOR AIRMAN	CADET STAFF SERGEANT	CADET TECHNICAL SERGEANT	CADET MASTER SERGEANT	CADET SENIOR MASTER SERGEANT	CADET CHIEF MASTER SERGEANT	CADET CHIEF MASTER SERGEANT	CADET SECOND LIEUTENANT	CADET SECOND LIEUTENANT	CADET FIRST LIEUTENANT	CADET FIRST LIEUTENANT	CADET CAPTAIN	CADET CAPTAIN	CADET CAPTAIN	CADET MAJOR	CADET MAJOR	CADET MAJOR	CADET MAJOR	CADET MAJOR	CADET LIEUTENANT COLONEL	CADET COLONEL
No Ribbon Awarded				No Ribbon Awarded						No Ribbon Awarded				No Ribbon Awarded								

PROMOTION ELIGIBILITY REQUIREMENTS The leadership requirements below are for cadets using the Learn to Lead text. Cadets may continue in the Leadership for the 21st Century text until 1 October 2013, at which time that "old" text becomes obsolete.

Category	Phase I	Phase II	Phase III	Phase IV
LEADERSHIP	Chapter 1 & Drill Test	Chapter 2 & Drill Test	Chapter 3 & Drill Test	Comprehensive Exam with Drill
AEROSPACE	No Requirement	Any Module	Any Module	No Requirement
CHARACTER	Foundations & Safety Module	1 Forum	1 Forum	No Requirement
ACTIVITIES	Participate Actively	Participate Actively	Participate Actively	Participate Actively
FITNESS	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test	Cadet Physical Fitness Test

Activity	President's Challenge 25th Percentile; "Run plus 2 out of 3"								President's Challenge 35th Percentile; "Run plus 2 out of 3"								President's Challenge 50th Percentile; "Run plus 2 out of 3"								President's Challenge 60th Percentile; "Run plus 2 out of 3"								President's Challenge 70th Percentile; "Run plus 2 out of 3"								75th Percentile; "Run plus 2 out of 3" Ages 10-14 not shown										
	10	11	12	13	14	15	16	17+	10	11	12	13	14	15	16	17+	10	11	12	13	14	15	16	17+	10	11	12	13	14	15	16	17+	10	11	12	13	14	15	16	17+	10	11	12	13	14	15	16	17+	15	16	17+
SIT & REACH	Males: 20, 21, 21, 20, 23, 24, 25, 28 Females: 24, 24, 25, 24, 28, 31, 30, 31								Males: 22, 23, 23, 23, 25, 27, 27, 31 Females: 26, 26, 27, 27, 30, 32, 32, 33								Males: 25, 25, 26, 26, 28, 30, 30, 34 Females: 28, 29, 30, 31, 33, 36, 34, 35								Males: 26, 26, 27, 27, 30, 32, 32, 36 Females: 29, 30, 32, 32, 35, 37, 36, 37								Males: 27, 28, 28, 29, 32, 33, 35, 39 Females: 30, 31, 33, 34, 37, 40, 38, 39								Males: 34, 36, 40 Females: 41, 39, 40										
CURL UPS	Males: 30, 31, 34, 36, 39, 38, 38, 38 Females: 25, 27, 29, 30, 31, 30, 30, 28								Males: 32, 34, 37, 39, 41, 41, 40, 40 Females: 27, 29, 31, 33, 34, 32, 32, 30								Males: 35, 37, 40, 42, 45, 45, 45, 44 Females: 30, 32, 35, 37, 37, 36, 35, 34								Males: 38, 39, 43, 45, 48, 49, 48, 46 Females: 32, 35, 38, 40, 40, 39, 37, 36								Males: 40, 42, 46, 48, 51, 52, 50, 49 Females: 35, 38, 40, 41, 42, 42, 40, 39								Males: 43, 51, 51 Females: 44, 41, 40										
PUSH UPS	Males: 10, 11, 12, 16, 18, 22, 24, 26 Females: 10, 10, 9, 9, 9, 11, 11, 12								Males: 11, 12, 14, 18, 20, 25, 26, 30 Females: 10, 11, 10, 10, 10, 12, 13, 14								Males: 14, 15, 18, 24, 24, 30, 30, 37 Females: 13, 11, 11, 11, 11, 15, 12, 16								Males: 16, 18, 22, 28, 28, 34, 35, 42 Females: 14, 14, 14, 15, 15, 16, 17, 19								Males: 19, 22, 25, 32, 34, 37, 38, 46 Females: 16, 16, 16, 17, 17, 18, 20, 22								Males: 39, 40, 49 Females: 19, 21, 23										
SHUTTLE RUN	Males: 12.4, 12.0, 11.2, 10.8, 10.5, 10.2, 10.0, 9.9 Females: 13.1, 12.5, 12.1, 11.8, 11.9, 11.7, 11.7, 11.7								Males: 12.0, 11.5, 11.0, 10.6, 10.2, 10.0, 9.7, 9.6 Females: 12.6, 12.1, 11.7, 11.5, 11.6, 11.4, 11.4, 11.3								Males: 11.5, 11.1, 10.6, 10.2, 9.9, 9.7, 9.4, 9.4 Females: 12.1, 11.5, 11.3, 11.1, 11.2, 11.0, 10.9, 11.0								Males: 11.2, 10.8, 10.4, 10.1, 9.7, 9.5, 9.2, 9.2 Females: 11.8, 11.2, 11.0, 10.9, 10.9, 10.7, 10.7, 10.7								Males: 10.9, 10.5, 10.2, 9.9, 9.5, 9.3, 9.0, 9.0 Females: 11.5, 10.9, 10.8, 10.7, 10.7, 10.5, 10.5, 10.5								Males: 9.2, 8.9, 8.9 Females: 10.3, 10.4, 10.3										
MILE RUN	Males: 11:40, 11:25, 10:22, 9:23, 9:10, 8:49, 8:37, 8:06 Females: 13:00, 13:09, 12:46, 12:29, 11:52, 11:48, 12:42, 12:11								Males: 10:58, 10:25, 9:40, 8:54, 8:30, 8:08, 7:53, 7:35 Females: 12:08, 12:21, 12:01, 11:40, 11:10, 11:00, 11:24, 11:20								Males: 9:48, 9:20, 8:40, 8:06, 7:44, 7:30, 7:10, 7:04 Females: 11:22, 11:17, 11:05, 10:23, 10:06, 9:58, 10:31, 10:22								Males: 9:11, 8:45, 8:14, 7:41, 7:19, 7:06, 6:50, 6:50 Females: 10:52, 10:42, 10:26, 9:50, 9:27, 9:23, 9:48, 9:51								Males: 8:40, 8:20, 7:55, 7:25, 6:59, 6:51, 6:38, 6:35 Females: 10:28, 10:10, 9:48, 9:15, 8:58, 8:58, 9:12, 9:14								Males: 6:38, 6:25, 6:23 Females: 8:40, 8:50, 8:52										

Category	Phase I	Phase II	Phase III	Phase IV
ATTITUDE	Displays a positive attitude; optimistic; enthusiastic; is team oriented	Maintains a positive attitude and encourages good attitudes in others; does not flaunt rank or authority	Conscious of own performance; takes initiative to develop new skills; self-motivated and able to motivate others	Resilient; shows mental discipline in working to achieve long-term goals; welcoming of change; has habit of continual self-improvement
CORE VALUES	Aware of the Core Values; honest; wears uniform properly; practices customs and courtesies	Displays a commitment to the Core Values; promotes team spirit, professionalism, and good sportsmanship as a team leader	Fair, just, and consistent in dealing with subordinates; exercises good judgment in knowing which matters should be referred up the chain	Uses empathy; recognizes how Core Values relate to new and unfamiliar situations; makes sound and timely decisions independently
COMMUNICATION SKILLS	Listens actively; attentive; asks good questions	Proficient in informal public speaking (i.e., in giving directions to and training junior cadets)	Writes and speaks clearly; presents ideas logically; wins through persuasion	Articulate; succinct; persuasive; varies message to fit audience; proficient in explaining complex issues
SENSE OF RESPONSIBILITY	Follows directions; dependable; arrives ready to learn and serve; effective in managing own time	Enforces standards; trustworthy in supervising a small team and leading them in fulfillment of a series of simple tasks; given a plan, is able to carry it out	Given an assignment, takes project from beginning to end; develops appropriate goals, plans, standards, and follows through in execution; demonstrates sense of ownership in all assignments	Completes large projects with little supervision; follows and sets a command intent; self-starter
INTER-PERSONAL SKILLS		Guides and coaches junior cadets; recognizes when junior cadets need help; leads by example; is not a "boss"	Actively mentors NCOs; resolves conflicts fairly; criticizes constructively; dissents respectfully when disagreeing with superiors	Actively develops and mentors cadet officers; adapts leadership style to fit situation; calm under pressure
CRITICAL THINKING			Thinks in advance and plans ahead to meet the unit's short-term needs; imaginative and not tied to old ideas	Sets long-term goals for the unit; imaginative and visionary; recognizes unit's long-term needs; mentally agile when faced with unfamiliar problems
DELEGATION SKILLS			Delegates routine tasks effectively and works through NCOs; keeps people informed; makes expectations clear; supervises work of other leaders	Directs multiple teams and manages multiple tasks; assigns people to right jobs; delegates well and enables others to take charge



Rank	Minimum Time in Grade
CADET AIRMAN	Upon Joining
CADET AIRMAN FIRST CLASS	+ 8 weeks
CADET SENIOR AIRMAN	+ 8 weeks
CADET STAFF SERGEANT	+ 8 weeks
CADET TECHNICAL SERGEANT	+ 8 weeks
CADET MASTER SERGEANT	+ 8 weeks
CADET SENIOR MASTER SERGEANT	+ 8 weeks
CADET CHIEF MASTER SERGEANT	+ 8 weeks
CADET CHIEF MASTER SERGEANT	+ 8 weeks
CADET SECOND LIEUTENANT	+ 8 weeks
CADET SECOND LIEUTENANT	+ 8 weeks
CADET FIRST LIEUTENANT	+ 8 weeks
CADET FIRST LIEUTENANT	+ 8 weeks
CADET CAPTAIN	+ 8 weeks
CADET CAPTAIN	+ 8 weeks
CADET MAJOR	+ 8 weeks
CADET MAJOR	+ 8 weeks
CADET MAJOR	+ 8 weeks
CADET MAJOR	+ 8 weeks
CADET MAJOR	+ 8 weeks
CADET LIEUTENANT COLONEL	+ 8 weeks
CADET COLONEL	+ 8 weeks
CADET COLONEL	Upon earning Eaker